

# Abdominal and Pelvic Pain Evaluation Form

**PATIENT NAME**

**DATE**

**STUDENT**

**History**

**Where is the pain?**

- Whole abdomen
- Upper Abdomen
- Lower Abdomen
- Right Lower Quadrant
- Left Lower Quadrant
- Suprapubic area
- Different places at different times

**Did the pain start suddenly (within a few minutes) or gradually (hours or days)?**

- Suddenly
- Gradually

**How long has the pain lasted?**

- Hours
- Days
- Months

**How intense is the pain?**

- Mild
- Moderate (Interferes with some activities)
- Severe (Unable to function without extreme effort)

**Is the pain constant?**

- Constant
- Cramping
- Intermittent

**Is the pain getting worse?**

- Worse and worse
- Better and better
- Unchanging

**How's your appetite?**

- Decreased
- Increased
- Normal

**Are you nauseated?**

- Yes
- No

**Have you vomited?**

- Yes
- No

**How are your bowel movements?**

- Normal
- Constipated
- Diarrhea
- Bloody
- Mucousy

**Is your urination normal?**

- Painful
- Frequent
- Bloody
- Normal

**How do you feel?**

- Lightheaded
- Cannot be upright
- Doesn't feel faint

**Right shoulder pain is:**

- Present
- Absent

**The pain is worse with:**

- Coughing
- Moving
- Eating
- Nothing
- Other

**The pain improves with:**

- Lying still
- Antacids
- Eating
- Nothing

**Has this happened before?**

- Yes
- No

**Past medical history?**

- Functional bowel syndrome
- Diverticular illness
- Other

**Past surgical history:**

- None
- Appendectomy
- Bowel resection
- Tubal Ligation
- Ectopic pregnancy
- Hysterectomy
- One tube or ovary
- Both ovaries
- Negative laparoscopy in last 2 years

**Past gynecologic history:**

- Cystitis
- Pyelonephritis
- Ovarian Cyst
- Endometriosis
- PID or some STD
- Deep dysparunia
- Dysmenorrhea
- Fibroids
- None
- Other

**Contraceptive History:**

- Previous IUD
- Current IUD
- Current OCPs - skips some
- Current OCPs - never skips
- Other hormonal contraceptive
- Other
- Using no contraception or seeking a pregnancy
- No need for contraception

**Sexual History:**

- Never had intercourse
- No intercourse since her LMP
- No intercourse in the last 3 months
- Other

**When did your last normal menstrual begin?**

**Physical Exam**

**Vital Signs:**

- Temperature
- Pulse
- Respirations
- Blood pressure

**Mood:**

- Normal
- Anxious/worried
- Confused/inappropriate
- Lethargic

**Patient's color is:**

- Normal
- Pale
- Flushed
- Jaundiced
- Cyanotic

**Greatest tenderness is:**

- Entire abdomen
- Upper abdomen
- RLQ
- LLQ
- Suprapubic
- Lower abdomen
- No tenderness

**The abdomen is:**

- Soft
- Voluntary guarding
- Involuntary guarding
- Mild rebound tenderness
- Moderate/marked rebound tenderness

**On abdominal palpation:**

- No masses
- Mass central lower abdomen
- Mass RLQ
- Mass LLQ
- Mass upper abdomen

**Bowel sounds are:**

- Normal
- Silent
- Hyperactive
- High-pitched, rushes

**CVA pain/tenderness is:**

- Present
- Absent

**The vagina contains:**

- Nothing abnormal
- Small amounts of blood
- Large amounts of blood
- Clots
- Pregnancy tissue
- Other

**The hymen is:**

- Intact
- Not intact
- Not visualized

**The bladder is:**

- Tender
- Non-tender

**Cervix inspection:**

- No abnormal findings
- Purple discoloration
- Purulent (muco) discharge
- Tissue protruding from the os
- Bleeding from the os

**Cervical Palpation:**

- No abnormal findings
- Cervix is softer than expected
- Tender to touch
- Mild pain on movement
- Moderate/severe pain on movement
- Dilated at least 1 cm.
- Other

**The uterine size is:**

- Normal
- Slightly enlarged
- Moderately enlarged

**Uterine palpation:**

- No abnormal findings
- Soft
- Irregular contour
- Mildly tender
- Mod/severe tenderness

**Left adnexa:**

- Normal
- Tender mass
- Non-tender mass
- Tenderness, no mass

**Right adnexa:**

- Normal
- Tender mass
- Non-tender mass
- Tenderness, no mass

**Culdesac:**

- Normal
- Tender mass
- Non-tender mass
- Tenderness, no mass
- Tender nodules on uterosacral ligaments

**Lab and Imaging Studies**

**Pregnancy test:**

**Quantitative HCG**

**Transvaginal Ultrasound**

**CT Scan of the Abdomen**

**CBC**

**Gonorrhea/Chlamydia Cultures**