

FEB 21 1989

APPENDIX C

PREGNANCY NOTIFICATION TO COMMANDING OFFICER

Suggested information to be included in Pregnancy Notification to Commanding Officer

\_\_\_\_\_  
Date

To: \_\_\_\_\_  
Commanding Officer/Officer-in-charge

From: \_\_\_\_\_  
MTF/Physician

Subj: \_\_\_\_\_  
Member's Name

\_\_\_\_\_  
Social Security Number

Ref: OPNAVINST 6000.1A

This is to notify \_\_\_\_\_ command of her pregnancy. Using current dating information, her Estimated Date of Confinement is \_\_\_\_\_. This would make her 20th week about \_\_\_\_\_ and her 28th week about \_\_\_\_\_.

Pregnancy is a condition of several physiological changes which potentially require alterations in job function and hours.

Please refer to OPNAVINST 6000.1A for guidelines. Certain unforeseen conditions may arise which warrant specific medical interaction. These conditions may require further constraints and are handled on a case-by-case basis.

\_\_\_\_\_  
SIGNATURE/RANK/SSN

Appendix C of  
Enclosure (1)